



The First
**Hikikomori International
Consortium Conference (HICC 2026)**
@ The 11th World Congress of Asian Psychiatry (WCAP 2026)

第1回ひきこもり国際コンソーシアム会議 (HICC 2026)
@第11回アジア精神医学世界大会 (WCAP2026)

共催：ひきこもり国際コンソーシアム (HICC)、アジア精神医学会 (AFPA)、北海道大学大学院医学研究院神経病態学分野精神医学教室



October 7, 2026 (Wed)

Hokkaido University, Sapporo, Japan

HICC 2026 Program

**10:30
–
12:00**

90 minutes

A

Symposium HICC-A SY-11

**International and Multidimensional
Perspectives of Hikikomori:
Beyond Japan and Beyond Stigma**

Speakers

1. Takahiro A. Kato — Hokkaido University
2. Yoko Nagai — University of Sussex
3. Laura Orsolini — Polytechnic University of Marche
4. Hussien Elkholy — University of Sussex
5. Daiki Setoyama — Hokkaido University

Chairs

- Takahiro A. Kato — Hokkaido University
- Yuko Hayashi — Yamaguchi University

**13:20
–
14:50**

90 minutes

B

Workshop HICC-B WS-2

**Being together with Hikikomori:
Community care and digital
interventions**

Speakers

1. Motohiro Sakai — University of Miyazaki
2. Michiko Asami / Kumiko Asami — NPO-JACFA (Yokayoka Room)
3. Yukihiro Abe — Kokoro Recovery Support Center
4. Kate Carpenter — Suffolk County Council
5. Taisei Kubo — Hokkaido University

Chairs

- Takahiro A. Kato — Hokkaido University
- Motohiro Sakai — University of Miyazaki

**15:00
–
16:30**

90 minutes

C

Symposium HICC-C SY-19

**International perspectives on post-
modern youth mental health:
from loneliness to depressions**

Speakers

1. Laura Orsolini — Polytechnic University of Marche
2. Nicholas Pang Tze Ping — Universiti Malaysia
3. Tae Young Choi — Catholic University of Daegu
4. Seon-Cheol Park — Hanyang University
5. Marcus P. J. Tan — South London and Maudsley NHS FT

Chairs

- Takahiro A. Kato — Hokkaido University
- Umberto Volpe — Polytechnic University of Marche

**16:50
–
18:20**

90 minutes

D

Symposium HICC-D SY-23

**Loneliness and Social Isolation:
Mechanisms, Impacts, and Implications
for Mental Health and Psychiatry**

Speakers

1. Natsu Sasaki — The University of Tokyo
2. Akiko Tamakoshi — Hokkaido University
3. Jennifer Lau — Queen Mary University of London
4. Norman Sartorius — Association for the Improvement of Mental Health Programs, Switzerland (Discussant)

Chairs

- Malcolm Hopwood — University of Melbourne
- Jennifer Lau — Queen Mary University of London

To participate in the HICC, registration for WCAP2026 is required.

WCAP2026

October 6–8, 2026
Hokkaido University, Sapporo, Japan

*Harmonization between
Urban and Nature
in Future Mental Health*

